

Dish Menu 菜单 (2020年10月26日~2020年10月30日)

Date 日期	Monday 周一	Tuesday 周二	Wednesday 周三	Thursday 周四	Friday 周五
Main Dish 主食	Onion cake 葱花饼	Huajuan with Salt and Pepper 椒盐花卷	Honey cake 蜂蜜蛋糕	Chinese hot dog 中式热狗	Spaghetti with screws 意大利螺丝面
	Q pumpkin steamed bread Q弹南瓜馒头	Thousand-layer meatloaf 千层肉饼	Sweet corn cake 香甜玉米饼	Steamed Yam 蒸山药	
	Rice 米饭	Rice 米饭	Rice 米饭	Rice 米饭	Rice 米饭
Main Course 主菜	Stewed mushroom with chicken 小鸡炖蘑菇	Stewed Beef in Casserole 罐焖牛肉	Turkey roast chicken 土耳其烤鸡	Grilled fish with eel sauce 鳗鱼汁烤鱼	Sweet and sour chicken balls 糖醋鸡球
	Moo Shu Pork 木须肉	Twice-cooked pork 回锅肉	Pork balls with wax gourd 冬瓜猪肉丸子	Braised pork with quail eggs 鹌鹑蛋红烧肉	Stir fried vegetables with shredded pork 肉丝炒合菜
	Cauliflower with garlic 蒜蓉菜花	Steamed egg soup 蒸蛋羹	Scrambled egg with tomato 西红柿炒鸡蛋	Zucchini egg 西葫芦鸡蛋	
	Boiled cabbage heart 白灼菜心	Sour cabbage 醋溜白菜	Sauteed Sweet Corn with Pine Nuts 松仁玉米	Dried celery 香干芹菜	Potato chips with green pepper 青椒土豆片
Soup 营养汤	Tomato Eggdrop Soup 番茄鸡蛋汤	Millet Congee 小米粥	Jade bean curd soup 翡翠豆腐汤	Miscellaneous fungus soup 杂菌汤	Seaweed and Egg Soup 紫菜蛋花汤
Non-staple Food 副食	Yogurt or juice 酸奶或果汁	Yogurt or juice 酸奶或果汁	Yogurt or juice 酸奶或果汁	Yogurt or juice 酸奶或果汁	Yogurt or juice 酸奶或果汁